

Principal's Panui

Tena koutou katoa,

Welcome back to term 2 at Okaihau College. As you can see from the calendar, it is going to be a very busy term. The appointment process for the new principal is nearing its conclusion and the elections for the Board of Trustees are also just around the corner. Please consider standing for the Board; it is a great way to be involved in your child's education and the direction of the school over the next three years. With a new principal, this will be an important time in the life of Okaihau College, and we need committed members of the community to help us do the best for your tamariki/mokopuna.

Another important event coming up is the school ball. This year we are holding it at the Copthorne in Waitangi. Our students always look fabulous and it is important that whanau support our young people to enjoy the evening safely. We will be breathalysing students when they arrive at the ball to ensure that this is the case. We appreciate your support with this.

Congratulations to the Ki-o-Rahi team who performed well at the national champs in Napier. They won most of their games, their losses including the defending and eventual champions, to finish 14th. This is a great result considering it is the first time we have qualified. Particular congratulations to Alyssa Williams, selected for the NZ Secondary Schools team and Jayden Edmonds, selected for the NZ Secondary Schools Maori team. Thank you too to KC Maaka for giving up her time to coach the team and Mr. Sharp and Mrs. Moor for travelling with the team to Napier.

No reira, tena koutou, tena koutou, tena koutou katoa.

Parent Election Notice Okaihau College School Board of Trustees' Election

Nominations are invited for the election of five parent representatives to the board of trustees. A nomination form and a notice calling for nominations will be posted to all eligible voters.

You can nominate another person to stand as a candidate, or you can nominate yourself. Both parts of the form must be signed.

Additional nomination forms can be obtained from the Okaihau College Main Office.

Nominations close at 12 noon on Friday 24 May 2019 and may be accompanied by a signed candidate statement and photograph.

The voting roll is open for inspection at the school and can be viewed during normal school hours (8.00am – 4.15pm).

There will also be a list of candidates' names, as they come to hand, for inspection at the school.

Voting closes at noon on Friday 7 June 2019.

Jenny Couchman
Returning Officer

College Calendar

Thursday 9 May

- Level 2 Geography Field Trip

Tuesday 14 May

- Mufti Day + Cake Stall

Thursday 16 May

- Senior Curriculum Day 4 – Line 1

- *Pink Ribbon Breakfast*

Saturday 18 May

- Senior Ball

Thursday 23 May

- School Cross Country

Wednesday 29 May

- Board of Trustees Meeting 6pm

Thursday 30 May

- Careers Roadshow

- University of Auckland Liaison Visit

- I am Maori – Young and Hungry Performing Arts

Monday 3 June

- *Queen's Birthday Holiday*

Wednesday 5-7 June

- Nga Manu Korero

Thursday 6 June

- Senior Curriculum Day 5 – Line 2

Monday 10 – 12 June

- Year 8 Self Defence

Wednesday 12-14 June

- Life Education Year 7

Thursday 13-14 June

- Year 10 Self Defence

Tuesday 18 June

- Senior Curriculum Day 6 – Line 6

Friday 21 June

- Year 13 Reports Issued

Monday 24-28 June

- Year 13 Gateways Auckland Trip

Wednesday 26 June

- Year 7 – 12 Reports Issued

Monday 1-3 July

- Senior Barista Course

Friday 5 July

- The Beast Run

- Last Day of Term 2

Sunday 7 – 12 July

- Year 13 Hillary Outdoors Course

Pink Ribbon Breakfast

Interval, Thursday 16th May

"Smoothies, Cupcakes, Homemade McMuffins"

Students and community members can order their pre-paid breakfast. Donations of the following items will be gratefully received: bacon, English muffins, eggs, cheese slices, butter, yoghurt, fruit for smoothies (canned, fresh or frozen) and milk. These can be left at the Student Centre or food tech before May 16. Donations can be made online at: <http://pinkribbonbreakfast.co.nz/page/okaihaucollegeshostpage>

Ordering information out soon. Thank you in advance for your support. Diana Henderson, Organiser.

Bullying Free Week

Monday 13 – Friday 17 May 2019

Bullying Free Week is coming up soon. The link below is to download this information guide to support parents, whānau and schools to work together.

<https://www.bullyingfree.nz/assets/Uploads/Tackling-Bullying-A-guide-for-parents-and-whanau.pdf>

bullyingfreenz.co.nz

Fuel for Schools

Many thanks to our sponsors who have nominated Okaihau College to receive Fuel for Schools sponsorship: Driver Whitehills Farms Limited, Okaihau Pastoral Limited Partnership, Aratoro Farm Limited, M & T Clifford. www.northfuels.co.nz has notified us that we have earned another \$1000 sports/technology package and a further \$120.93 towards our next reward.

We really appreciate your support! ☺

Excellent Attendance for Term 1

Letters went home during the term break to all those students who has perfect or near-perfect attendance for Term 1. Congratulations to the 33 students with 100% attendance, and a further 118 students who had 96% attendance or higher. Keep up the good work.

Mid week Senior Football

Our senior football teams - Boys and Girls will be playing in the Northland Secondary Schools Competition on a Wednesday afternoon starting week 2. Games are on a home and away basis and a draw will be posted on the PE facebook page once it has been received.

Any questions please contact Mr Sharp at the Gym.

Photolife Photos

The Photolife Photos were returned to us yesterday and have been given to Whanau Teachers to distribute to students today. If there are any issues (or late orders), please let us know - jennyc@okaihau-college.school.nz

Mufti Day

Tuesday 14th May

Gold Coin for mufti

Plus Cake Stall and Sausage Sizzle at lunchtime for Year 13 funds

Ki-o-Rahi Championships

Having won the right to represent Tai Tokerau at the National Secondary Schools Ki o rahi Championships our team of 15 Year 11-13 students made the big trek to Hastings during the holidays. It was into the unknown we went as this was the first time we have attended the Nationals. After months of training and fundraising we felt prepared, but we weren't sure how we would go. On the first day we started well winning our first game 23-10 so we were off to a good start. During pool play we also met two previous national title holders. Both games were next level however we won one and lost one. The team we lost to went on to be runners up in the tournament. So we finished pool play 2nd in our pool with 4 wins and 1 loss. We made the Ruawhoro Cup section after finishing 11th on points differential. On finals day we had a win and a loss to finish a very creditable 13th out of 34 teams. We were lucky enough to have experienced coach KC Maaka prepare the team for the tournament with assistance from Mr Sharp.

We were also excited to hear at the prizegiving that Jayden Edmonds had been selected for the NZ Maori Secondary Schools team and Alyssa Williams the NZ Secondary Schools team. Congratulations to both these girls and the whole team who played with great skill and team work. The whole team was a credit to Okaihau College and our whole community in the way they played on the field and conducted themselves off the field. We also were asked to accept the mauri on behalf of Tai Tokerau as they will be hosting the Championships in 2020. The team did a rousing haka following a challenge from the Hawkes Bay schools who hosted this year's tournament.

Thank you to our coaches, the teachers who sponsored our players hoodies, our school community for donating food and supporting our fundraisers we hope we did you proud. Further photos and videos can be seen on the Okaihau College Sports and PE Facebook page.

Team members were: Siakini Taulangau (Captain and the best paper scissors rock winner) Tupari Cowan, Logan Salmons, Fe'ao Taulangau, Tai Walmsley, Felini Manuofetoa, Konrad Kopa, Freda Blaike, Jayden Edmonds, Kerri Johnson, Tayna Munro-Beazley, Daylon O'Brien, Eilise Te Huia, Alyssa Williams, Tangaroa Pireroa

Jayden and Alyssa and their Ki-o-Rahi awards



Final game with Te Aute Hukarete combined





30 April 2019

Measles Fact Sheet

- Measles is a highly infectious viral illness spread by contact with respiratory secretions through coughing and sneezing
- Symptoms of measles include:
 - A respiratory type of illness with dry cough, runny nose, headache
 - Temperature over 38.5 C and feeling very unwell
 - A red blotchy rash starts on day 4-5 of the illness usually on the face and moves to the chest and arms.
- People are infectious from five days before the onset of the rash to five days after the rash starts.
- **Infected persons should stay in isolation – staying home from school or work – during this time.**
- The best protection from measles is to have two MMR vaccinations. MMR is available from your general practice and is free to eligible persons.
- People are considered immune if they have received two doses of MMR vaccine, have had a measles illness previously, or were born before 1969.
- Anyone believing they have been exposed to measles or exhibiting symptoms should not go to the ED or after hours' clinic or general practitioner. Instead call Healthline free on 0800 611 116 for advice and information from a trusted registered nurse, anytime, 24 hours a day, 7 days a week.

How you get it

Measles virus is highly contagious. It is spread through the air by infected droplets or by direct contact with secretions from the nose or throat of infected persons, for example by touching contaminated items or surfaces. It can survive for up to two hours in the air. A person with measles is most contagious from when symptoms start until three to four days after the rash appears.

Anyone who has not received at least one dose of a measles-containing vaccine or who has not already had the disease is at risk of catching measles.

Symptoms and treatment

It usually takes 10-12 days from exposure to the first symptom. The illness begins with fever, cough, runny nose and conjunctivitis (inflammation in the eyes), which lasts for 2-4 days. It may be possible to see small white spots (Koplik spots) inside the mouth. A rash appears 2-4 days after the first symptoms, beginning at the hairline and gradually spreading down the body to the arms and legs. The rash lasts for up to one week.

There is no specific antiviral treatment for measles. Supportive care including rest, good nutrition, vitamin A supplements, painkillers and adequate fluid intake, including hospital care when needed, can help to manage severe complications.

Please see the Ministry of Health website for more information on measles at:

<https://www.health.govt.nz/your-health/conditions-and-treatments/diseases-and-illnesses/measles>

Vaccinate Now, Don't Delay!

If you have any queries, please contact the on-call Public Health Nurse on 0800 600 720.

Dr Virginia McLaughlin
MEDICAL OFFICER OF HEALTH (Northland)